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October - December 2024

## Custom Signage for La Riviera Drive at Howe Avenue

Thanks to Assemblymember Kevin McCarty’s and Senator Angelique Ashby’s staff, the CGNA/Foundation was able to get CalTrans to acknowledge that the areas on La Riviera Drive adjacent to and under the Howe Avenue overpass and the Watt Avenue ramps are the responsibility of the City and County of Sacramento, not the State of California. The CGNA/Foundation, neighbor Won Chan and his team of residents on Lido Circle, Caribbean Way, Mediterranean Way, and La Riviera Drive, SMUD Board Member Gregg Fishman, and SMUD staff worked with Councilmember Eric Guerra and his staff to create a custom sign to post along La Riviera Drive at Howe Avenue. Once the signs are up at Howe Avenue, we will work on installing them at La Riviera Drive at Watt Avenue.

The sign should be installed before the Foundation’s Annual Meeting on October 17, 2024, if all goes as outlined by Councilmember Guerra’s staff.



## Annual October CGNA Meeting to Feature Candidates for Mayor, Assembly District 6, SCUSD Board

The CGNA/Foundation Annual meeting is Thursday, October 17th. Voting for board representatives, enjoying light refreshments, and viewing a pictorial year in review begins at 6pm. Annual reports start at 6:30 pm. We will then hear from our guests, followed by statements from the candidates for Mayor of Sacramento, State Assembly District 6, and SCUCD Trustee Area 3.

The CGNA/Foundation does not indorse candidates. It does encourage everyone to be an informed voter.

The candidates for mayor have confirmed they will be attending our annual meeting. We have also invited the candidates for State Assembly District 6 and Sacramento City Unified School District Area-3

Attend the Annual Meeting to meet the candidates and help you make an informed vote in the November 5th, 2024, general election.

If you have an issue or concern you would like to have addressed in the annual report, please submit that issue or concern to a CGNA Board Member, via e-mail to [cgna@collegeglen.org](mailto:cgna@collegeglen.org), or by U.S. Mail to CGNA, P.O. Box 276474, Sacramento, CA 95827 before October 10, 2024. We will attempt to incorporate all requests. We only include items from CGNA community members related to local issues so please include your name, residential address, e-mail address, and phone number when you submit your issue.

Please note the 2024 Annual vote card is included in this news distribution. Please return the vote card via U.S. Mail or bring it to the October 17<sup>th</sup> meeting.

**CGNA Annual Meeting**  
**October 17, 2024**  
**Fire Station 60 - 3301 Julliard Drive**  
**6pm - Light Refreshments and Year in Review**  
**6:30pm - Meeting Begins**

**Agenda** *(subject to change)*

**Brief comments by:**

- Councilmember Eric Guerra, D-6
- Assemblymember Kevin Mc Carty, D-6
- Gregg Fishman SMUD Ward 3
- Sacramento Fire Marshal Jason Lee
- Captain Steven Moore, Sacramento Police Department
- Chief Marlon Yarber & Elise Vondrak, County Probation
- Rae Van Der Werf, American River Flood Control Board
- Power Inn Alliance
- Betsy Weiland, Save the American River Association
- Mitchell Jones, Principal Rosemont High School
- Chase Tafoya, Principal Einstein Middle School
- Lorena Carrillo, Principal Bancroft Elementary School
- Candidates for Sacramento Mayor
- Candidates for State Assembly District 6
- Candidates for SCUSD Trustee Area 3

## Einstein Middle School Hosts Club Rush

By Chase Tafoya, Principal

Einstein Middle School had a wonderful club rush day this month! 7th and 8th grade students were able to sign up for a variety of enrichment experiences including Black Scholar Collective, Robotics, Gardening Club, Early Academic Outreach Program (EAOP) UC Davis, After School Education and Safety (ASES), Mathletes, Dungeons and Dragons Club, E-Sports, Crochet and Craft Club, Debate, and much more. We are proud of our school motto: "Explore, Discover, Create" and to offer these amazing experiences.

We also are excited for the amazing remodeling that is nearly complete at Einstein Middle School.



## Bancroft Starts the 2024-25 School Year

By Lorena Carrillo, Principal



## BAC Soccer Begins

British American Soccer Club (BAC) is at Thomas Jefferson Park on Citadel Way and Oki Park on Lake Forest and Wissemann Drive. The recent Oki Park games on Friday evening and Saturday morning both drew record crowds. The Under 6 youth games begin at 6:00 pm on Friday evenings. All play is among BAC teams. The intent is to introduce the players and their parents to soccer and the art of sportsmanship. Parents support and encourage players on both the home and opposing teams. Players take turns playing various positions and are encouraged to learn from and cheer for all the players on the field. The Under 8 through Under 12 teams play at Jefferson Park on Saturdays. These games are more structured and competitive. For information on locations and specific games and times visit [bacsoccer.org](http://bacsoccer.org).



## Oki Park Parking and Restoration of the Cell Tower Funds

BAC Soccer hosted seeding for the younger players this season. That was followed by the start of the official soccer season and a food truck night. Every street and court in the area was overloaded with cars. The next morning brought more soccer and more vehicles. We are fortunate to have a City park available for community use and events.

However, Oki Park clearly needs parking to support the mission of the park, not a lot full of dry weeds. The need has been demonstrated. Funds for Oki Park projects were established in 1996 by then Councilmember Darrel Steinberg through the Cell Tower Fund. Sacramento City Council Resolution No. 96-517 dated September 24, 1996, signed by Mayor Joe Serna, Jr. states "Permit fees (for AT&T Wireless Services) are to be deposited into Oki Special Park Special Trust Fund for the life of the Revocable Permit." Verizon services were subsequently added to the tower.

In 2012, the City mandated that Oki Trust Funds be loaned to the City to help balance the City's budget short fall. The fund contained \$125,000 at that time and City records were reporting the annual fee for the AT&T /Verizon units at \$39,871.97. By June 2014, the City was reporting a surplus in the budget but did not return the loan. City records also support that by 2015 the Oki Cell Tower fees had increased to \$43,569 per year.

Darrel Steinberg asked our community to accept the cell tower without issue in exchange for receiving the funds generated to support Oki and Glenbrook Parks and the College-Glen Community. Darrell Steinberg in his 2016 Candidates statement in the CGNA News wrote "I believe that cell tower funds should be spent for the benefit of the neighborhood where mitigation fees were generated. If I am elected Mayor I will work to assure the city fulfills the original intent of its cell tower policy." Between 2013 and 2024 the Verizon and AT&T cell towers should have generated at least an additional \$400,000 in annual fees.

The College-Glen community needs those funds now for parking at Oki Park and the completion of the river access project. The Association Board is encouraging everyone to ask for the return of the \$125,000 loan and to restore both the lost revenue from the AT&T and Verizon fees from 2013 to date and access to future income. The funds should be replaced in the Oki Special Park Special Trust Fund for use in the College-Glen community for our parks and other community activities. The CGNA/Foundation is writing a letter to Mayor Steinberg with a copy to Councilmember Eric Guerra, Candidate Kevin McCarty, and Candidate Flo Cofer. The Foundation wants the City to restore area access to the cell tower funds to support the construction and maintenance of parking at Oki Park and the maintenance of the Glenbrook Garden.



## Crime Numbers Are on the Decline

By Lt. Tod Bevins, Sacramento Police Department, East Command

In the last year the Sacramento Police Department has seen significant reductions in “Part 1 Crimes” occurring in College Greens and the surrounding neighborhoods. Part 1 crimes include homicide, rape, robbery, aggravated assault, burglary, larceny and vehicle theft. I wanted to take a minute to share some of those numbers with you to reassure you that your neighborhood is one of the safest in the city.

Compared to the numbers from this same period of time last year vehicle theft is down 33%, larceny is down 8%, Burglaries are down 33%, aggravated assaults are down 17%, robberies are down 13% and rapes are down almost 40%. Unfortunately, homicides in District 7, which encompasses College Greens is up this year from 2 homicides last year to 4 this year. Only one of those occurred in the College Greens area.

So why are we seeing the reductions?

While there are many factors that contribute to reduced crime, I would like to highlight one that has a direct impact on your neighborhood. Beginning in January of this year our department created a new Police District, District 7, which includes the eastern part of the city limits from Alhambra Blvd to Watt Ave. to the, and the American River to the North and Fruitridge Rd. to the south. Historically, this area was a part of District 6 which includes Oak Park and other surrounding neighborhoods. By splitting up the large district into two it allowed us to dedicate more patrol officers to your neighborhood. The smaller coverage area of the District has also led to quicker response times to calls in your community.

While there is still much work to be done, we hope that these numbers provide you with the peace of mind that College Greens is a great place to live!

## SMUD Replacing Original Poles and Transformers

Some of the SMUD utility poles installed in College Greens and Glenbrook have been in the ground for more than 60 years. Some hold a transformer that has been in service for more than 60 years. One such pole was just replaced in College Greens on Citadel Way. The replacement process was quick and efficient. SMUD provided advanced notice of the upcoming work, and the effected streets and yards were marked. The work to remove and replace the utility equipment took less than 6 hours. The neighbors were without power for 3 to 4 hours.



Special thanks to our community owned Sacramento Municipal Utility District for the electric service they provide for us 24/7, 365 days a year.

## Neighborhood Locked Out of Jefferson Park

Neighbors who like to visit Jefferson Park found two dumpsters and a closed lock on the gate at the entrance to the park. The CGNA/ Foundation was asked by neighbors to review the community use hours of operation. Calls were made to the current Sacramento City Unified School District Board members Jasjit Singh and Christina Pritchett. SCUSD Member Pritchett was unable to get the lock removed. SCUSD Member Singh has not returned our call. Current candidates Rolanda Wilkins and Jose Navarro reported that they had no more success than current member Pritchett.

The SCUSD representative asked if the community had a permit to use the area on Saturday and Sunday. The sign on the fence only states “Open 6 PM Monday – Friday.”

The CGNA/Foundation will request Councilmember Eric Guerra and both SCUSD Area 3 representatives and candidates review the issue of community access to Jefferson Park.



## Sacramento SPCA 7<sup>th</sup> Annual Jingle Bell Pup Crawl

By Gina Guerriere

It is that time again for Sacramento SPCA and partnering Midtown businesses to celebrate the Paw'lidays by giving back to the animals at the 7th Annual Jingle Bell Pup Crawl on December 14<sup>th</sup> from 12:00 p.m. – 4:00 p.m. Join over 300 people and their pups for an afternoon of Paw'liday cheer! The crawl starts at Truitt Bark Park where guests will receive a t-shirt, holiday jingle bells for their pup(s), photos with Santa Paws, and a Pup Crawl map. Stops include local restaurants, breweries, wineries and cafes where attendees can enjoy vendor booths, giveaways, activities and food and beverage specials.

Along with the popular breweries, wineries and pubs on the list of stops, guests will notice Leash and Collar, a dog boutique filled with your pooch's favorite toys and treats. Leash and Collar donates a portion of all sales from the event back to the SPCA, so stop by and pick out a unique present for your pup and help out the shelter animals! So put your pups in their holiday best and celebrate this festive season with us!



Visit [sspca.org/pupcrawl](https://sspca.org/pupcrawl) to learn more and purchase tickets. Our website will go live and tickets will be available starting October 3<sup>rd</sup>.

## Urgent Update to Stop the Fill

By Brenda Gustin

They're Back! Trumark has returned to fill-in 20 acres of the American River Designated Floodway to build its million dollar+ homes looming over our Parkway. Visit <https://youtu.be/s8o8Eu087No> to view a video of the proposal.

Trumark has now responded in disrespect to the City of Rancho Cordova's Consistency Review to meet our City General Plan. Visit <https://preservetheamericanriver.org> to read Trumark's response and the Consistency Review.

If you care about our Parkway, you're needed now. Come to the free Family Fall Festival and show your care. You can also donate time or money for critical help. Funds are needed to provide conservancy groups, public officials, and legal resources with critical expert assistance to guarantee this land's preservation. Make a tax-deductible donation to Save the American River Association (SARA), the trusted organization preserving the American River since 1961. A pledge remains to match your contribution!

Please help us preserve this land for future generations. If we don't show up, we have no one to blame but ourselves.

## FAMILY FALL FEST

Free family event

Thursday, October 31

6:00 pm - 8:00 pm



**Food - Games - Candy**

**Valley Community Church**

3150 Wissemann Drive, Sacramento  
916-383-0775 ~ [vccweb.org](http://vccweb.org)

## Stay in Touch with The College-Glen Neighborhood Association!

Check out the CGNA Web Site at [www.collegeglen.org](http://www.collegeglen.org)

- Read a full color version of the neighborhood newsletter
- Learn more about our sponsors
- Find out dates for upcoming events

## A Full Summer of Community Events

From the Desk of Councilmember Eric Guerra

So far this year, we have hosted many exciting events, had some new businesses open in the area, and participated in many successful neighborhood events like National Night Out. As our summer event season comes to a close, I would like to highlight some of our final events.

I want to thank everyone for coming to our numerous events all summer, especially our Food Truck Events. It was great seeing so many familiar faces and meeting the new neighbors in the community. This last weekend, on Saturday, September 14th, we hosted our first Family Bike Ride around District 6. Sunday, September 15th, we hosted 916 Day at Bill Bean Jr. Memorial Park.

We are also hosting two movie nights this month. Our first one will be next Friday, the 20th, at Oki Park, where we will be showing Inside Out 2. The last movie night is at Tahoe Park on the 27th; we are showing IF.

Thank you for your continued support for our neighborhood events.

## Our Progress on SMUD's Path to Zero Carbon

By Gregg Fishman, Vice President, SMUD Board of Directors

Since setting our ambitious goal of reaching zero carbon emissions in our power supply by 2030, SMUD has made significant progress. Our Zero Carbon Plan is a comprehensive effort uniting our organization and partners around a common goal: delivering reliable, affordable and clean energy to our community.

Our customers to continue to participate in achieving a zero-carbon future. And so can you:

- Join SMUD programs: Participate in our energy efficiency initiatives, such as smart thermostat programs, to reduce carbon emissions at home. Become a CleanPower City Champion and lead by example. There are dozens of easy and free things you can do to help reduce your carbon footprint. Learn more at [CleanPowerCity.org](http://CleanPowerCity.org).
- Engage with us: SMUD offers an array of education and in-person events about energy savings for your home or business. Visit [smud.org/learn](http://smud.org/learn) for latest information on workshops and resources, including how you can qualify for an EV charging discount.

A key milestone in our journey has been our successful collaboration not only with you, but with federal and state regulators, public and private organizations. We've shared our expertise with agencies like the U.S. Department of Energy, California Air Resources Board and the California Energy Commission, helping shape future regulations and programs for EVs and advanced infrastructure.

We're proud to have a clear path to eliminate 90% of our carbon emissions. For the remaining 10%, we are exploring innovative technologies like carbon capture and long-duration battery storage, supported by over \$330 million in grants to SMUD and our partners. These advancements, along with potential new fuels for our power plants, will help us achieve our goal.

Our efforts go beyond reducing emissions – they're about creating a healthier, more sustainable community. Our progress is a testament to the power of collaboration and innovation.

We're excited about the progress we've made and are confident we can build a sustainable future for all, with you.

## Legislative Progress

From the Desk of Assemblymember Kevin McCarty

As my chapter representing you in the California Assembly comes to a close, I want to thank you for giving me the opportunity to serve as your state representative these past 10 years. While my work is far from over, I have appreciated my time serving as your Assemblymember and look forward to continuing my relationship with the College-Glen Neighborhood Association.

As I conclude my final year as an Assemblymember, I am proud to highlight the impactful legislation signed into law for the 2024 session. Among these is AB 2927, mandating a one-semester personal finance course in California high schools as a graduation requirement. This bill, along with AB 2634, which offers discounted Transit Passes to seniors aged 75 and older, has been enacted.

Other key legislation awaiting the Governor's approval includes AB 1113, securing funding for afterschool programs; AB 2106, enhancing public safety by placing individuals with repetitive drug offenses into treatment; and AB 2988, allowing affordable housing development in the vacant Downtown Sacramento courthouse. These, along with several other legislative achievements and district wins, mark a successful session dedicated to serving the people of California.

Lastly, as my 10-year career in the Assembly comes to an end, I want to extend my heartfelt thanks for welcoming me into your community and giving me the opportunity to make a difference in the College-Glen Neighborhood. I am proud of our accomplishments, including securing funding for a new traffic light to improve safety along Folsom Blvd; providing \$25 million from the state budget to address homeless encampments along the American River Parkway; allocating district funds for College Glen Little League field renovations, and having the honor of throwing the first pitch at the start of the Little League seasons, as well as many other important achievements for the district. It has also been a pleasure attending your annual meetings and celebrating the 4th of July with you each year at CGNA's National Night Out!



## CGNA/Foundation Annual Meeting

Thursday, October 17, 2024  
6:00pm at Fire Station 60  
3301 Julliard Drive

Come listen to updates from our local public agency representatives, government officials, local schools, and the candidates for Mayor of Sacramento, State Assembly District 6, and SCUSD Board.

# Guide to the Candidates - General Election

*Editor's note: All candidates were invited to provide an individual photo and 200 word statement for inclusion in this CGNA publication. To conserve print space, statements contain no bullets, lists, or bolding. The order in which candidates are listed was determined by random draw.*

## Candidates for Mayor of Sacramento



### Flojaune "Flo" Cofer

I'm running to build a more vibrant, inclusive, and equitable Sacramento, where everyone can thrive, feel safe and have access to affordable housing and economic opportunity. As a public health expert and four-term chair of the city's Measure U committee, I'll provide collaborative leadership to bring

people together and show that more is possible for Sacramento.

I'm an experienced leader with a PhD in Public Health. I strengthened statewide coalitions that expanded women's healthcare, decreased infant mortality, and improved emergency response. I've consistently advocated for bold action to protect renters, homeowners, and workers. Because of my record, I'm endorsed by unions, business owners, and community groups.

My parents were public school teachers who taught me to fight for our communities. I lost my dad at age eleven. Like many families, he was deceived by Big Tobacco. I've dedicated my life to helping families flourish by making government serve the people, not special interests or political insiders.

Our campaign is people-powered and grassroots funded. We'll always stay rooted in the community, from how we campaign to how we govern.

Sacramento needs new leadership. Let's build a city together where everyone thrives. Join our movement at [www.floformayor.com](http://www.floformayor.com).



### Kevin McCarty

Sacramento needs a new direction. The top city issue is how we address homelessness. My plan includes bringing together the leaders from Sacramento County and each of the cities within the County to create solutions instead of passing the buck. We'll audit existing spending and push for a more comprehensive

and coherent plan. We need more urgency enforcing the no camping ordinance, and moving homeless to safe-ground sites that can provide needed services. We'll do this while investing in affordable housing and protecting renters. But we can only do this by working together. As we tackle these issues, we'll need to address a budget deficit. It will require tough choices to keep the city safe and moving forward. I am running for Mayor with proven, practical solutions that are focused on budget realities. Solutions gained with experience serving on the City Council and State Assembly making difficult budget decisions. As Mayor I will not cut the budget of our police and fire departments or reduce our vital parks department that keep our parks safe and accessible. These departments never recovered from the cuts made during the Great Recession. Join my campaign - together we will move Sacramento forward. [www.mccartyformayor.com](http://www.mccartyformayor.com)

## Candidates for State Assembly, District 6



### Maggy Krell

The Washington Post recently asked about my work prosecuting sex trafficking cases with Kamala Harris when she served as Attorney General. Here's what I said: "The Attorney General called me unexpectedly on a big sex trafficking case. We were using a novel theory, and I'd been preparing the legal arguments for months. But her first questions were about the victims...More than the legal theories, more than anything, the Attorney General wanted to ensure the safety of our victims..."

Together, we filed charges against the country's biggest sex trafficking operation. And we shut it down. As Planned Parenthood's lawyer, I fought Trump to protect access to healthcare.

My career has been dedicated to using the law as a force for good. In the Assembly, I will write laws that make people's lives better.

My priority will be investment in young people. Funding childcare, schools, and healthcare, making college affordable, and Career Technical Education more accessible. I will prioritize improvements to our foster system to support California's most vulnerable youth.

Of 180,000 unhoused people in California, 7% are kids who are on their own. Through my work combatting sex trafficking, I got to know some of them. I will prioritize their safety and well-being.

*Note: Nikki Ellis, candidate for State Assembly, District 6, did not contribute a statement or photo for our publication.*



# Candidates for Sacramento City Unified School District Board



## Rolanda Wilkins

Rolanda Wilkins is a dedicated youth advocate and facilitator with over 30 years of experience supporting Sacramento’s schools and communities. As the founder of Earth Mama Healing, she has developed programs that empower girls and women, including the 30-day Quality of Life Road Trips, *What It Means to*

*Be 18* Youth Civic Summits, and Nurturing Greatness Internships. These initiatives have helped thousands of young people achieve both educational and personal success. Through numerous home visits, Rolanda ensures that parents remain engaged and have a voice in their children’s education. She also collaborates with educators, counselors, and organizations to support students’ overall well-being.

“I have always been of service to the community, and I believe high-quality schools create thriving communities,” says Rolanda. I will continue to support schools like Bancroft popular Early Kinder program, Einstein thriving robotics and drama programs and Rosemont robust pathways program, which includes career and technical education (CTE). I will also meet regularly with community associations to ensure they are informed and heard. Together, we are making our schools stronger than ever.”

Rolanda is asking for your support to continue serving and shaping the future of our community. Let’s keep fighting for our students and their education!



## Jose Navarro

I have knowledge and skills to share with school principals, teachers, parents and students. For nearly two decades I have been one of the State of California’s highest ranking Latino technology experts. I was trained in our universities.

When the pandemic hit, Sac City Schools did not have the tech-smarts and practical skills to keep kids from falling behind. It was a tragedy. We need to catch up. And we can still do it. Kids are still waiting.

As school board member I will be prepared to address the challenges faced by Sac City schools in the last decade: 14,000 lost kids, services denied to students with disabilities and millions of dollars mismanaged.

I’ve decided to offer my help by becoming a candidate for School Board in 2024. The Sac City School Teachers, Nurses, Counselors and support staff have embraced my offer. I am honored to have their active support for my campaign. But you will make the final decision...to accept my offer to help our public schools. Vote Jose Navarro for Sacramento City Unified School District School Board, Trustee Area 3.

<https://josenavarroforschoolboard.org>

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## Toddler and Pre-School at Thomas Jefferson School has Openings

The College-Greens Branch of the McClaskey Adult Parent Participation Toddler and Pre-School Programs continue to be popular with local parents and grandparents. The morning pre-school class for 3-and 4-year-olds has limited openings and the Friday morning toddler class for 2 and young 3-year olds also has a limited number of openings. If you have questions or would like to register for one of the open seats, please contact teacher Ms. Paula at 247-3335 or 382-5963.



## Street Collection Resuming - Fill Your Green Waste Container First

Starting November 1st, City residential customers can legally place yard waste piles in the street for collection. At the same time the city will suspend use of the Claw for household junk pick-up and put all the City's Claws in operation for Loose-in-the-Street Pick Up until February 1st, 2025. The one-free dump coupon and two-curbside pick-ups for appliances, TV's computers, and other e-waste per calendar year will not be impacted by the change in the Claw program. You have until October 30th to arrange for a free pick-up of household junk.

The City encourages everyone to fill their green waste container first, then create a pile with the balance. Using the container along with the pile, crews can clear streets faster, and the Claw may come through your neighborhood more frequently. Street pick-up may be unpredictable due to weather and the volume of material on the streets.



### 2024 CGNA Board of Directors

Annette & John Deglow	383-6621
Mary & Ron Alvarado	381-1259
Marlene & Woody Hansen	383-3427
Sharon & Kevin Irvine	387-1404
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Anne & Roy Puthuff	796-6392
Penny & Gordon Fergusson	802-9902
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Sharlyn & Steve Solie	383-6621
Betty & Gary Regallo	396-9466
Judith & Carl Kaminski	207-1310
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Linda Wood	802-8042
Joan Swanson	383-9490
Stacy Turner	606-5798
Anna Tenderelle	381-4473
Bonnie Kaplan	205-8794
James Lewis	383-0117
Carl Kelley	383-6621
Mark Ravera	601-2254
Christine Roybal	470-7060



**General Election**  
November 5, 2024

## Register Your Support for CGNA in 2024!

We encourage every household to register their support for the Neighborhood Association. Use the form below or the card and envelope included with the January newsletter to contribute and register your support. Please mail your contribution and form to CGNA, P.O. Box 276474, Sacramento CA 95827. Our California Nonprofit Corporation Number is 1689161 and our Tax ID is 94-3153412. Thank you for your support!

### College-Glen Neighborhood Association/Foundation 2024 Contribution Form

**Support your community! Contribute today!**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ Sacramento, CA 95826

Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_

E-mail \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

Are you currently on the CGNA e-mail list?  Yes  No If not, may we add your e-mail to our list?  Yes  No

**Please make checks payable to CGNA Foundation.**

# CGNA Youth and Adult Classes at Valley Community Church

CGNA youth and adult classes are now being held at Valley Community Church at 3150 Wissemann Drive! Join a Uechi-Ryu Karate class or explore music with your toddler or pre-schooler! Free Friday Watercolor with Woody Hansen continues meeting on Fridays along the American River access.

CGNA thanks Valley Community Church for opening up your facility to our neighborhood classes.

## Free Friday Morning Watercolor Mini-Workshop

Woody Hansen has resumed his Free Friday Watercolor Mini-Workshops - weather permitting.

Woody invites you to bring your paints, pencil, or camera and enjoy a cool, morning of artistic motivation.

Weather permitting, class begins at 9 AM every Friday morning throughout the year. All levels, all ages, welcome. For information on Free Friday Watercolor Mini-Workshops and Woody's studio watercolor classes you may E-mail Woody at [watercolors@woodyhansen.com](mailto:watercolors@woodyhansen.com).



## Uechi - Ryu Karate Classes

Beginning & Advanced Traditional Uechi - Ryu Karate Monday, 6:30 pm.

The Uechi - Ryu Karate classes continue to welcome new students. Everyone is encouraged to come, visit, and find out if this karate class is the one for you. Karate offers personal fitness, character development and individual growth. For more information, please contact or e-mail [vandervolgenjr@yahoo.com](mailto:vandervolgenjr@yahoo.com).

Learn Traditional Uechi-Ryu Karate from Attorney Robert "Robb" Van Der Volgen Jr. and CSUS Professor Joan Neide, Ed.D. Both instructors are 9th degree black belts with Master teaching licenses. Robb and Joan will follow the tradition of blending beginners with advanced students. For the beginners, the initial focus is on posture, breathing, footwork and unified movement.



## Music & Movement for Toddlers & Pre-Schoolers with Lisa Phenix

Stimulate your child's development on every level; promote self-esteem, increase coordination, nurture your child's self-expression, and bring out the song in your child, with Lisa Phenix and her music and movement class. With egg shakers, bells and drums in hand, your child becomes part of the back-up band as we explore nature, gravity, and the seasons. This parent/grandparent participation class is scheduled for Tuesday at 10:30 am. The cost is five sessions for \$25. For information e-mail Lisa at [lisap@winfirst.com](mailto:lisap@winfirst.com) or call 719-6106.



## CGNA Newsletter Distributors

Gary & Judy Agid; Ron & Mary Alvarado; Mary & Audrey Boardman; Jennifer Boldt; Lynda & Jerry Cassady; Franco & Alison Castanos; Won Chang; Keith & Rosanne Cherry; Jason, Stacy, Ryan & Johnathan Deglow; Annette & John Deglow; Elio & Anita Freitas; Doug & Nancy Grass; Linda, Ella and Zoe Gredvig; Maria Gutierrez; Woody & Marlene Hansen; Richard Hill; Patty Howard; Sharon, Kevin & Macolin Irvine; Judy & Carl Kaminski; Zak & Misty Kanouse/Batista; Linda & Larry Lindelof; Deb & Craig Loper/Clifton; Tom & Tomasa Mc Clain; Jerry Martorello; Erin, Amy & Piper McCann; Julie & JR McGihty John & Cindy Neumyer; Diane O'Rourke; Anne & Roy Puthuff; Mark Ravera; Rosemary Raynor; Betty & Gary Regallo; Barbara Relles; Doug, Madelyn & Haylee Reynolds; Nancy Saber; Casey & Mary Scott; Carolyn Soda; Clyde Stormont; Michael & Keri Thrall; Stacy Turner; Terry & Jerry West; Bob & Pam Woodbury; and John & Elaine Yoshikawa.


**Thank you!**

**CGNA THANKS OUR**  
**College-Glen Neighborhood Association Business Sponsors**

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All About Floors, Gary Regallo: 396-5122  
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Coldwell Banker, Kathy Bristol: 606-1244  
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College Greens Subway, Dev Purewal: 386-2787  
Council District 6, Eric Guerra: 808-7006  
Cunningham Development Co., William: 310-378-9944  
Dunnigan Realtors, Linda Wood: 802-8042  
E-Z Living Cleaning, Kristy Skondras: 381-5490  
Endless Possibili•Tees, Edmond: 388-9344  
Express Stop, Mike Mashal: 387-1142  
Fire Station 60, Gabriel and Dave: 383-7458  
Florin Perkins Landscape Materials, Abel Pereira: 443-5120  
Florin Perkins Public Disposal Site, Abel Pereira: 443-5120  
Folsom Mobil, Riaz Mohommed: 781-7861  
Forgotten Bakery, Robby Naim: 476-6224  
Garcia Realty, Rosanna Garcia: 202-7294  
Granite Regional Park Partners, John Klein: 736-9000  
Holloway Land Co., Brian Holloway: 731- 4435  
JK Food, Liquor and Wine, Sunny/Billy: 381-6500  
K-B Motors, Tim Trojan: 383-1955  
L&D Landfill, Michael Lien: 737-8640  
La Cabana, Alan & Salvador Ranirez: 381-5518  
Lawnman, Burnie Lenau: 739-1420  
Leatherby's Family Creamery: 920-8382  
Linde Gas & Equipment Inc., Ray Valenzuela: 452-1234  
Lyon Real Estate, Julie Reardon: 799-0246  
Markenbill Automotive, Mark Godfrey: 739-8018  
McDonald's Folsom Boulevard: 362-1951  
Music Mama, Lisa Phenix: 719-6106  
Napa Auto & Truck Parts, Daniel Saechao  
Nor-Cal Equipment Rentals, Tom Butts: 388-9850  
PIPER Electric, Erin McCann: 304-2477

Power Inn Alliance: 453-8888  
Pyro Spectaculars, Michael Knezovich: 640-0173  
Raley's, Will Kunz: 383-6622  
Realty One Group Complete, Linda Ripke: 365-8931  
Realty One Group Complete, Clyde Stormont: 415-377-8580  
Roma Pizzeria #2, Maria Guerrero: 383-9264  
SCUSD Area 3, Christina Pritchett: 716-8546  
SMUD, Gregg Fishman: 1-888-742-7683  
Sacramento Area Fire Fighters Local 522, Gabriela: 739-8522  
Sacramento City Teachers Association, Nikki: 452-4591  
Sac. Co. Office of Ed. Area 5, Alfred Brown: 802-0466  
Sac. County Probation Center, Elise Vondrak: 875-0206  
Safety First Tree Care & Landscaping, Martin: 712-2951  
Save the American River Assoc., Steve Green: 967-7265  
Separovich/Domich, Dain/John Klein: 736-6979  
State Farm Insurance, Moira Little: 854-5985  
State Farm Insurance, Zuray Perez-Garcia: 361-3114  
Stonebridge Properties LLC, Randy Sater: 484-3257  
Supervisor District 3, Rich Desmond: 874-5471  
TNT Fireworks, Cathy/John/Sally: 387-2626  
Tops Pen Co., Hanson Wong: 383-8633  
Uechi - Ryu Karate, Robb: 383-4754  
Valley Community Church, Kevin Newton: 383-0775  
Waste Management, Angel Diaz & Tisha Gill: 737-4863  
Zuprinco Printing, Min Kim: 383-5757

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**Daylight Saving Time Ends  
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**Editorial Policy**

College-Glen News is a collaboration of articles from community leaders, CGNA Board of Directors, and citizens at large. The opinions in the articles do not necessarily reflect those of the board, unless stated so. If you wish to submit an article or have an editorial, please mail it to the listed address with your name, address and phone number. Editorials with this information will be addressed and/or considered for publication in next quarter's issue.

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Sharlyn Deglow-Solie, Editor

Contact us at:

CGNA, P.O. Box 276474 , Sacramento, CA 95827