

#### **CGNA/Foundation Requests Legislation to Address Needs of Adults**

The Foundation delivered letters to California Senator Angelique Ashby and Assemblymember Kevin McCarty requesting legislation to serve the state's adult population. Specifically, to expand state funded institutions to service those experienceing physical and mental impairment and those with drug and alcohol addictions, and to restore basic skills course offerings in the State's 116 community colleges.

These requests were motivated by the recent observations that between 60% to 80% of the homeless experience mental impairement and or substance addiction. The CGNA/Foundation believes moving the homeless from place to place is nonproductive and insensitive. Restoring state funded mental institutions and basic academic programs along with expanding the community college trade and technical offerings while continuing to expand university transfer level classes makes better use of the State's resources for all adults. If you agree, e-mail Senator Ashby at senator.ashby@senate.ca.gov and Assemblymember McCarty at assemblymember.mccarty@assembly.ca.gov and share your support for these actions.



### Family Night Out is June 28th at 7:30pm

Join us Friday, June 28th at 7:30pm for the 2024 CGNA Family Night Out! The neighbors of Olivet and Hastings Courts and Bennington Way will share their front yards with the community for the evening.

Meet our local peace officers and emergency responders from the Sacramento Police Department, Sacramento Fire Department Station 60, Sacramento County Probation, and emergency medical technicians. Visit with a K-9 unit, the mounted police, and Safe T. Bear. Explore a police cruiser, fire truck, and ambulance. Get to know our CGNA business sponsors and neighborhood organizations. Invitations have also been extended to the candidates for Sacramento Mayor and Assembly District 6.

Snack on hot dogs, chips, soda, and other treats. This year in addition to our traditional musical journey across America we will hear a live performance from the



Sacramento Youth Band. There is no cost to attend this neighborhood event!

At dusk, turn your attention to the TNT/ Red Devil fireworks show with College-Greens resident Ben Billechi singing the National Anthem and God Bless America.

#### There's More Inside...

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#### "Bancroft Goes West" Talent Show

By Lorena Carrillo, Principal Principal

The Talent Show returned again this year under the direction of the NorCal School of Arts. It was sponsored by the Youth Development Support Services of Sacramento City Unified School District. At the beginning of the performance, the stage was dedicated to Ms. Pam Courtney, our esteemed Talent Show Director for over 20 years. The production focused on musical numbers around Country/Western music. Just like in previous years, the choreographers taught the younger students the dance routines. We had some wonderful individual acts such as piano players, singers and even some acting. It was delightful to see the students showcase their talents!

The number was dedicated to Ms. Pam Courtney. The full cast sang "Seasons of Love" with a slide show displaying her years of dedication to students and families. All ticket proceeds went to the Pam Courtney Foundation so that they could continue the love and support Ms. Pam had for the sports and arts. To find out more about the foundation, you can visit CharitySmith.org/Pam-Courtney-Foundation/.



















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#### **Youth Apprenticeship Programs**

By Bina Lefkovitz, SCOE, Trustee Area 1

The Sacramento County Board of Education (SCOE) has increasing student voice as one of its 2023-24 priorities. This includes three strategies: A) creating youth action teams (YAT) at two of our community schools. YATs trains students to advocate for ways to improve SCOE schools or community. B) Appoint to our Board a student board liaison (like a student board member) from one of our community schools, to represent SCOE students on our Board. Our student board liaison is a 24-year-old student who graduated from our Senior extension program. Senior extension is for students who do not complete traditional high school in four years. Our Board Liaison is helping lead the YAT's, will be working with students in juvenile hall as a mentor, and attends and participates in our bimonthly board meetings. The state allows school districts to appoint student board members to their boards. These students have an advisory vote on board matters and can make motions on board items. Sacramento County, SCUSD, Elk Grove and FSUSD have student board members. C) SCOE is developing a countywide student advisory board to bring together diverse student voices and advise the County board and our Superintendent about issues that matter to students around the county. This advisory board will hopefully be appointed by fall of 2024.

# Register now for Kindergarten

for the 2024-2025 school year at SCUSD.EDU

### **Uechi Karate Class At Valley Community Church**

The Uechi Ryu Karate class, that was formerly held at the Thomas Jefferson School site, has moved its Monday night class to the Valley Community Church, located at 3150 Wissemann Dr., Sacramento, 95826. The class begins at 6:30 pm each Monday. There is no charge for the class. Participants can expect to find themselves exploring one of Okinawa's most efficient forms of self-defense. Participants will be surrounded by a group of senior black belt students who are eager to share their knowledge and help newcomers discover the physical and mental benefits of training in traditional karate. Anyone interested in attending is encouraged to wear comfortable clothing and participate at whatever level feels right based on one's own physical ability and health.

The Uechi Karate class is grateful for the past support it has received from the College-Glen community, and thanks both the leadership of the Valley Community Church and the College-Glen Neighborhood Association for assisting the class in remaining in the community.

The Sacramento Uechi Ryu community is also humbled to announce that it has been accepted as a member of the Uechi Ryu Karate Do Rengokai, an umbrella organization for Uechi Ryu on Okinawa.



For further information contact Robert Van Der Volgen Jr. at 801-9735.

#### Join the College Greens Swim Team!

By Keri Thrall

College Greens Swim Team's 60th swim season has arrived! We are happy to announce that registration for the 2024 swim season opened in February, and it's not too late to sign up. The College Greens swim team is open to anyone aged 4-18 years old. To learn more about the team and to register, visit our website at www.cggators.org.

The 2024 swim calendar has been posted. This year we will have our annual Green and Gold meet, seven dual meets, Championships, and other fun events to attend. You can visit our website to find more information under the "Team Info" and "Calendar" tabs.



### Little League a 50-year Neighborhood Tradition Continues

Welcome to the 2024 College-Glen Little League Season. Little League in the College Greens and Glenbrook neighborhoods began in the early 1970's with the American River Little League. When area schools changed from junior high schools to middle schools, they also suspended their afterschool sports programs. This brought forth parent supported sports programs like little league baseball and BAC soccer. Today, the teams are well staffed, the dugouts and the fields are at their best, and the kids are playing ball!

Little League baseball continues to be a special part of the College-Greens and Glenbrook Neighborhoods. Everyone is encouraged to come out and enjoy watching our area youth engage in America's favorite pastime.









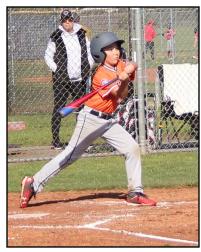






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Visit www.collegeglenlittleleague.com

for schedules, results, and more!

# Drive into the Future with SMUD's Electric Vehicle Program

By Gregg Fishman, Vice President, SMUD Board of Directors

Every day, more neighbors choose actions that lead to a greener future.

In College-Glen, electric vehicles in driveways and on streets quietly affirm our community's commitment to sustainable living. As your community-owned utility, SMUD is spearheading the shift toward clean energy with our 2030 Zero Carbon Plan, improving air quality and offering benefits like job opportunities and energy savings.

Whether you're just beginning to consider an EV or you're ready to make the switch, SMUD is here as your trusted advisor. Our goal is not just to advocate for clean transportation but to ensure you have all the information and support you need, every step of the way.

- Charging solutions: Discover home and on-the-go charging, with tips for optimal use and available infrastructure.
- Rates and incentives: Enjoy low rates and discounts for overnight charging. You could receive up to \$1,000 towards charging equipment.
- Educational resources: Explore electric mobility at smud.org/ DriveElectric, full of information to educate and inspire.

We've installed a major high-speed, industry-leading charging hub at SacRT's Power Inn light rail station, supporting EV adoption and contributing to our regional environmental, climate, and economic goals. One day, your EV might even help power the gird during periods of peak demands through a virtual power plant.

The possibilities of a Clean PowerCity are endless.

#### 2024 Legislative Session Bills

From the Desk of Assemblymember Kevin McCarty

Happy Spring! We are well into the 2024 legislative session. I am proud to have introduced meaningful legislation this year that aims to support our students, address public safety to keep neighborhoods safe, and provide affordable housing.

I'd like to highlight my financial literacy bill, AB 2927, which requires California high schools to provide a one- semester, standalone course in personal finance to all students as a graduation requirement. Implementing a financial literacy course in our state's curriculum will help students make smart life-long financial decisions.

Additionally, I introduced legislation with Assemblymembers Nguyen and Hoover that forms the Sacramento County Partnership on Homelessness. AB 2593 would permit Sacramento County to form a Joint Powers Authority (JPA) partnership with seven cities in the county to coordinate response and resources to the homeless population. Creating a JPA provides an opportunity for local governments to establish a set of shared goals to work on together to effectively address our region's homeless crisis.

Lastly, my annual Mother's Day Donation Drive has officially begun! The drive will run from now until May 6th. This year's donations will benefit families of My Sister's House, an organization that assists victims of domestic and sexual violence. Items such as new pull-ups, diaper wipes, clothes can be donated at sites around District 6, including my offices. Please look for the flyer on my social media @AsmKevinMcCarty, or visit my website at a06.asmdc.org for a full list of accepted items and where they can be dropped off.

#### **May Celebrations**

From the Desk of Councilmember Eric Guerra

Our office wants to wish you a happy Spring as things start to warm up around Sacramento! April is Earth Month and, with Earth Day (April 22) and Bike Month (May) just around the corner, we wanted to share a few of the happenings around the City!

For Earth Day, there are two big events coming up: Fairytale Town Earth Day on April 20th from 10am-3pm where there will be fun family-friend activities and education-- including live music, games, face painting, and earth day performances at Land Park. The other event will be ECOS Earth Day, the largest Earth Day celebration in the Sacramento region, taking place at Southside Park from 11am to 4pm on Saturday, April 21st. They anticipate over 100 exhibitors and vendors and hundreds of attendees for this free, family-friendly play-and-learn sustainability and environmental focused celebration. There will be music, food, free bike valet, free riding with Sac RT (with the ECOS flyer), and the ability to test ride/drive Electric Vehicles (EVs).

Additionally, for May is Bike Month, there will be several celebrations and events across the City, which you can find at mayisbikemonth.com. The events include the May is Bike Month kickoff event on April 28th (11am-2pm) on Riverfront St. in West Sacramento, the "SABA Bike Swap + Sale + Show" at Two Rivers Cider on May 11th (10am-2pm), and the Mileage Madness competition from May 11th-19th. We hope to see you riding!

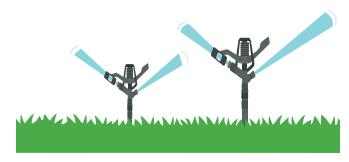
### City Continues with Drought Guidelines

Despite plenty of rain and snow in California this past winter, the City's 311 operators are advising City residents to continue limiting their watering based on the City's drought guidelines. It takes several years to enter a drought and it several years to ease out of a drought. Water is a limited resource. Citizens are asked to continue to do their part to reduce their water use.

# Water Days in College Greens and Glenbrook

Addresses ending with an **ODD number** water on **Tuesday and Saturday**.

Addresses ending with an **EVEN number** water on **Wednesday and Sunday**.



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#### **River City Waterway Alliance**

By Crystal Tobias, President, Sacramento Area Creeks Council



2024 is shaping up to be an incredible year! In January, I was elected President of Sacramento Area Creeks Council, an environmental non-profit that has been caring for our local waterways and educating the public on the importance of these riparian habitats for decades.

The biggest perk to this position is working with an amazing group of volunteers called the River City Waterway Alliance. The "badgers," as they are affectionately known due to their propensity to dig for trash, include volunteers from the Elk Grove Anti Trash and Arcade Creek Adopt a Creek programs. These folks have become the saviors of our waterways by removing tons of trash and debris choking the life out of our creeks and rivers. They show up every week to tackle the very worst trash, mostly left behind by homeless campers, which includes abandoned tents, tarps, sleeping bags, clothing, mattresses and foam pads, shopping carts, hypodermic needles, and human waste. In fact, since January 2023, 154 volunteers have contributed 471 hours to clean the Howe and Watt accesses, Glenbrook, and Waterton Way, removing 47,150 pounds of trash, including 15 shopping carts. Talk about neighborhood beautification! RCWA memorializes their cleanups with music videos that can be seen on their Facebook page and YouTube channel (search River City Water Alliance).

I urge you to check them out, and if you care to support our efforts, you can donate to Sacramento Area Creeks Council at saccreeks. org or attend a cleanup. Their schedule of upcoming events is on their Facebook page.

#### **College-Glen Real Estate**

By Doug Reynolds

Happy Spring! And Happy Real Estate Selling/Buying Season... well sort of. As I have mentioned in previous updates, there are not many houses on the market right now, mostly due to "the lock in effect." A lot of people are wanting to sell and move but don't want to go from a 3% mortgage to a current rate in the high 6's. This has led to very few homes being available for sale in College-Glen, and in turn, not many sales either. The market is not depressed by any means, just not much to buy means not much is going to sell. There are definitely buyers out there looking and waiting for the next house to pop up. When a new house for sale pops up, if it's priced right and shows well it typically sells in a very short amount of time, usually at or above the list price. It's definitely a good time to be a seller right now, and as we start to hopefully see interest rates tick downward in the second half of the year, we should start to see more homes on the market and more sales. Values have held strong and even increased some during this period of not many sales. The market in College-Glen and Sacramento as a whole will hinge on interest rates... if rates remain in the high 6's, we'll continue to not have much inventory, if they go down I believe it will lead to more houses for sale and more sales overall.

# **Car Insurance Tips For Newly Or Nearly Married Couples**

By Zuray Perez-Garcia, State Farm Insurance

So, auto insurance savings might not be at the top of your list of reasons to get married. But there are some car insurance benefits to be reaped from your wedding.

Policy consolidation. This will simplify the billing process and could save you money. See if you qualify for additional discounts. For example, if you're going to insure more than one vehicle, you could receive a multi-car discount. Or if you insure your home with the same company, you might receive a multi-line discount. These discounts can add up to substantial savings.

Men under 25? Insurers like you much better with a ring on your finger. Car insurance rates for unmarried men under age 25 are higher than average because they're considered highrisk by insurers (the statistics bear this out). Premiums usually go down for men under 25 when they get hitched. If you've recently gotten married or are getting married soon, give your insurance agent a call to help you sort out the specifics.

#### **City Taking Action on Neighborhood Reports**

The CGNA has encouraged residents to report their neighborhood concerns to our city and county officials and elected representatives. Thanks to resident involvement, we have had burned out lamps replaced, cross walks and speed calming devices installed, rubbish cleaned up, bushes trimmed back, abandoned cars removed from our streets, graffiti abated, and illegal encampments addressed. Reporting our concerns is the only way to have them addressed. Thank you for your continued neighborhood advocacy. Together, we are making a difference.

#### **Brothers Community Mural Fenced Off for All to Enjoy**

In May 2022, area residents gathered in the field adjacent to Brother's Plumbing to add color to a large paint-by-number mural depicting the history of strawberry farming, Asian Americans, the American River, Nisenan Tribe, Sacramento State University, and the Guy West Bridge on the west wall of Brothers Plumbing. Unfortunately, almost before the paint dried on the mural, campers moved in on the site and obscured the visual path of the mural.

With the combined efforts of area residents, neighborhood organizations, and community leaders, we were able to motivate the property owners of the area in front of the mural to fence it off so the community and those traveling Folsom and Keifer Boulevards could enjoy this collage of area history as it was intended to be.



Special thanks for all who helped in the design and painting of the mural and those who helped in clearing the visual path to this community artwork.

#### Increased Bicycle and Vehicle Patrols at Benninngton Way and Occidental Drive



Neighbors expressed concern at a recent CGNA monthly meeting that both vehicles and bicycles were frequently running the stop sign at Bennington Way and Occidental Drive.

Lieutenant Eaton took note and has requested added patrols at this busy intersection. Both vehicles and bicycles must come to a complete stop at stop signs. Traffic rules apply to both vehicles and bicycles and the cost of a bicycle violation is the same as the cost of a motor vehicle violation.

#### Signage Requested for La Riveria Drive and Howe Avenue Underpass

The City of Sacramento recently cleared an illegal encampent on La Riveria Drive at the Howe Avenue underpass. It was reoccupied soon after the area was cleared. The CGNA has asked that no camping signage be placed at these locations.





#### Every Vote Counts! November General Election Races are Set

The results of the March 2024 primary election for Mayor of Sacramento, State Assembly District 6, and City of Sacramento Council District 6 are final and the ballot is set for the November 2024 General Election. Voting is an essential tool citizens use to form their government. Our recent local election shows the value of each vote. The margins were close for Mayor of Sacramento and State Assembly District 6. Candidates for these two positions will meet again in November. The race for Sacramento Council District 6 was decided in March with incumbent Eric Guerra winning 67.36% of the vote. Below are the final numbers for Mayor and Assembly District 6.

The CGNA encourages residents to participate in the November 2024 General Election. Your vote really does make a difference!

#### **Mayor of Sacramento**





**State Assembly District 6** 





Flojaune "Flo" Cofer

**Kevin McCarty** 

Maggie Krell

Nikki Ellis

Candidate	Total	
Flojuane "Flo"Cofer	30,272	29.25%
Kevin McCarty	22,302	21.55%
Richard Pan	22,010	21.27%
Steve Hansen	21,684	20.95%
Jose Antonio Avina, II	6,217	6.01%
Julius M. Engel	1,013	0.98%

The candidates for Mayor of Sacramento and State Assembly District 6 are invited to our **CGNA Neighborhood Night Out.** Stop by and visit with them! Friday, June 28th at 7:30pm

Candidate	Total	
Maggy Krell (D)	25,879	25.04%
Nikki Ellis (R)	15,108	14.62%
Preston Romero (R)	14,505	14.04%
Paula Villescaz (D)	13,780	13.34%
Carlos Marquez III (D)	9,337	9.04%
Rosanna Herber (D)	9,257	8.96%
Sean Frame (D)	6,982	6.76%
Emmanuel Amanfor (D)	3,920	3.79%
Evan Minton (D)	2,706	2.62%
Kevin Olmar Martinez (PF)	1,861	1.80%

#### The American River Parkway Needs Our Help By Brenda Gustin, Volunteer and Concerned Citizen

The U.S. Army Corps of Engineers (USACE) bank erosion project 3B continues to be a concern for our wild and scenic American River Parkway. A great amount of time and expertise is being invested by citizens who would like to see a redesign of this project so that it complements and serves the community with providing both flood protection and wildlife habitat preservation. Conversations with the creator of the USACE Engineering with Nature Program are occurring as there is a better way than destroying the habitat which includes 685 trees, 48 of which are heritage oaks over 250-300 years old.

Please view this recent video at https://youtu.be/4bKBNZHrrYI?si=zo5culQ7EdgiO3V0 which explains the project and visit American River Trees at www.americanrivertrees.org to learn more about our effort to preserve the American River.





April - June 2024

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#### Thank you!

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### CGNA/Foundation Meets with Mayor Steinberg and Councilmember Guerra

The Foundation met with Mayor Darrel Steinberg and Councilmember Eric Guerra to review neighborhood needs and concerns. Area campsites and the need to upgrade area streets and streetlights were high on the Foundation's list. The Foundation requested that after City Staff clears a camp site, that area be posted with signs that state: No Camping, No Open Fires, No Drugs, Alcohol, Tobacco, or Vaping. In addition, the Foundation asked that instead of leaving piles of goods on site for pick up at a later time that the city tag excess belongings and identify a secure site where campers can claim their belongings. The Foundation believes the current process of partial clearing is ineffective and costly. The City devotes staff time to clearing an area and within days more campers are occupying the space because the area is not posted as No Camping. After clearing an area, it must be posted, or the effectiveness of the effort is limited. If you agree, please share your support for posting with Councilmember Guerra via e-mail to eguerra@cityofsacramento.

#### **Household Junk Pick-Up**

Spring is the season for house cleaning. The City's loose-inthe street pickup has ended and the Household Junk Pickup has
resumed. City of Sacramento solid waste/recycling customers may
have two free Household Junk Pickups a year per household during
the non-leaf season. In addition, customers may request one free
dump coupon for self-haul of debris to the Sacramento Recycling
and Transfer Station for the Household Junk Pickup Program per
calendar year. However, The City asks that piles not be placed
out more than 24 hours before the scheduled pick-up. Appliances,
TV's, computers, and other e-waste are no longer acceptable in the
Household Junk program. Instead, you may request two curbside
pick-ups for Appliances, TV's, computers, and other e-waste during
the calendar year.



A full list of services available and guidelines for the various programs can be found at www.sacrecycle.org. To request an appointment, customers may call 311, make an online request at www.sac311.org, or use the Sac 311 App for your iPhone or Android. The dump coupons and the appliance/e-waste programs operate year-round.

### **CGNA Youth and Adult Classes at Valley Community Church**

CGNA youth and adult classes are now being held at Valley Community Church at 3150 Wissemann Drive! Join a Uechi-Ryu Karate class, explore music with your toddler or pre-schooler, or stop by for a vinyasa flow yoga class! Free Friday Waterclor with Woody Hansen continues meeting on Fridays along the American River access.

CGNA thanks Valley Community Church for opening up your facility to our neighborhood classes.

#### Free Friday Morning Watercolor Mini-Workshop

Woody Hansen has resumed his Free Friday Watercolor Mini-Workshops - weather permitting.

Woody invites you to bring your paints, pencil, or camera and enjoy a cool, morning of artistic motivation.

Weather permitting, class begins at 9 AM every Friday morning throughout the year. All levels, all ages, welcome. For information on Free Friday Watercolor Mini-Workshops and Woody's studio watercolor classes you may E-mail Woody at watercolors@woodyhansen.com

#### **Uechi - Ryu Karate Classes**

Beginning & Advanced Traditional Uechi - Ryu Karate Monday, 6:30 pm.

The Uechi - Ryu Karate classes continue to welcome new students Everyone is encouraged to come, visit, and find out if this karate class is the one for you. Karate offers personal fitness, character development and individual growth. For more information, please contact or e-mail vandervolgenjr@yahoo.com.

Learn Traditional Uechi-Ryu Karate from Attorney Robert "Robb" Van Der Volgen Jr. and CSUS Professor Joan Neide, Ed.D. Both instructors are 9th degree black belts with Master teaching licenses. Robb and Joan will follow the tradition of blending beginners with advanced students. For the beginners, the initial focus is on posture, breathing, footwork and unified movement.



#### Women's Vinyasa Flow Yoga Class with Cate Lewis

Tuesday evenings, 5:30-6:30 pm

Feel the need to slow down and stretch your body? Maybe it's time to move and sweat a little?

Bring a mat, a water bottle, and a desire to strengthen your body with some amazing women!

Led by Cate Lewis, a Yoga alliance teacher, certified in vinyasa, yin, and restorative yoga.

For more information, email Cate at catielew2@aol.com



### Music & Movement for Toddlers & Pre-Schoolers with Lisa Phenix

Stimulate your child's development on every level; promote self-esteem, increase coordination, nurture your child's self-expression, and bring out the song in your child, with Lisa Phenix and her music and movement class. With egg shakers, bells and drums in hand, your child becomes part of the back-up band as we explore nature, gravity, and the seasons. This parent/grandparent participation class is scheduled for Thursdays at 9:15 am. The cost is five sessions for \$25. For information e-mail Lisa at lisap@winfirst.com or call 719-6106.



# CGNA THANKS OUR College-Glen Neighborhood Association Business Sponsors

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#### **Welcome New Sponsor!**

Erin McCann with PIPER Electric is ready to assist with your electric needs. Erin and family will also be taking over CGNA News Route #11 that covers parts of Marina Greens and Mediterranean way.

As of April 18, 2024. All 916 area code unless otherwise noted.

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#### **Editorial Policy**

College-Glen News is a collaboration of articles from community leaders, CGNA Board of Directors, and citizens at large. The opinions in the articles do not necessarily reflect those of the board, unless stated so. If you wish to submit an article or have an editorial, please mail it to the listed address with your name, address and phone number. Editorials with this information will be addressed and/or considered for publication in next quarter's issue.

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