



# College-Glen News



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## Graduation Day!



The 2006-2007 Thomas Jefferson Elementary School Toddler/Pre-School program honors 16 four-year-olds who will advance to kindergarten and 13 three-year-olds who will be returning for one more year at Thomas Jefferson in the pre-kindergarten, parent participation, program. Turn the page to read more about our local high school graduates!

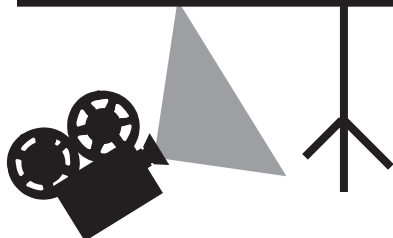
### FAMILY MOVIE NIGHT SERIES

*Presents*

## Happy Feet

Ok! Park - July 27th, 8 pm

Also featuring special guests from  
the Sacramento Zoo



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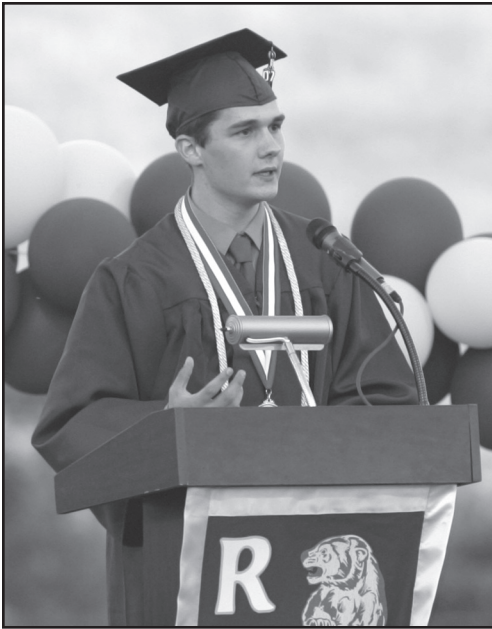
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**Valedictorian Logan Hess.**

## **Rosemont High School Celebrates First Graduating Class of 2007!** By Jeanne Chasko



**Graduates listen with interest during Rosemont High School's first commencement.**

The beautiful football field was the site of Rosemont's first graduation on Monday, June 11, 2007! This was a very emotional event for many of the parents, students and staff who have been there through the jack hammers, construction and learning in portables during the first year the school was open. The families from College Glen, Rosemont and other areas had many smiles on Graduation Day! After the ceremony, while the seniors received their diplomas, the culinary class served cheese, crackers and fruit along with bottled water to the crowd in the quad area. Thanks to John Neumyer for sharing his graduation photos. The safe senior

grad night at Golfland Sunsplash in Roseville went extremely well!

Rosemont welcomes incoming principal, Vic Ramos, to the school beginning on July 2. We look forward to another great year with the senior projects, the great sports teams, the music and arts, the 4x4 block schedule, the incredible array of elective classes and so much more. If you have not visited the campus, be sure to stop by 9594 Kiefer Blvd. and see your local high school in action!

Have a happy and safe summer from all of us at Rosemont High School!

## **We Give Them Wings**

By Ingrid Niles

St. Francis High School class of 2007 graduates will be attending the following colleges and universities: American River College, Azusa Pacific University, Barnard College, Boston College, Boston University, California Institute of Technology, Cal Poly, San Luis Obispo, Cal Poly Pomona, California State Universities in Chico, Northridge, Sacramento and Stanislaus, City College of San Francisco, Cornell, Creighton, Duke, Folsom Lake College, Georgetown, Gonzaga, Harvard, Holy Names, Indiana University at Bloomington, Johns Hopkins, Loyola Marymount, Loyola Chicago, Marist College, Mesa Community College, New York University, Northern Arizona, Occidental College, Pepperdine, Point Loma Nazarene, Princeton, Sacramento City College, Saint Mary's, San Diego Mesa College, San Diego State, San Francisco State, San Jose State, Santa Clara, Santa Monica College, Sarah Lawrence, Scripps, Sierra College, Sonoma State, St. John's University, Stanford, Texas A&M, Texas Wesleyan, University of Arizona, U.S. Naval Academy, University of California in Berkeley, Davis, Irvine, San Diego, Santa Barbara, and Santa Cruz, University of Central



Arkansas, University of Hawaii at Manoa, University of Oregon, University of Portland, University of San Diego, University of San Francisco, University of Southern California, University of the Pacific, University of Utah, University of Washington, Washington University in St. Louis, Wellesley College, Wesleyan University, and Whitman College. One graduate will attend "Youth with a Mission" Discipleship Training School and participate in a mission abroad.

Congratulations to the 219 St. Francis graduates!



## Loretto Honors Graduates with Prayer, Song, and Roses By Chris Laning

Loretto High School's 50th graduating class celebrated their commencement in May with prayer, song, and roses. Loretto graduates wear long white dresses and carry red roses, following a tradition established 140 years ago at the first Loretto High School in the U.S. At the end of the ceremony, each graduate gives a rose from her bouquet to her parents in thanks for their love and support.

Loretto's highest honor is also a rose: the Mary Ward Rose medallion, given to a single graduate in recognition of her outstanding Christian leadership and service. The award is named for the founder of the Institute of the Blessed Virgin Mary (Loretto Sisters), who own and run the school. This year the Mary Ward Rose was presented to Janelle Neczypor, who will attend Chapman University in the fall.

Highest academic honors went to Kelley Jakle, who will attend the University of Southern California; Dana Graves (American University) and Morgan Jones (CSU Sacramento) received Loretto's Service Award. The Class of 2007 contains 43 members of the National Honor Society (36% of the class) and 40 California Scholastic Federation 100% Life Membership Seal bearers. Nine students have been honored as National Merit Scholars.

At the Baccalaureate Liturgy, each graduate carried a single pink rose, which was fastened to the cross at the front of the sanctuary. Each rose



represented one young woman's individual talents and gifts.

Loretto strives to instill in each student an understanding of herself and a commitment to the common good of the world: each graduate is one more young woman ready to give back to the world, through her work, a portion of its lost heart.

## Seniors at Christian Brothers High School Work to Help Tornado Victims

By Kristen McCarthy

For the 259 graduating seniors in the Christian Brothers High School (CBHS) class of 2007, May 25 proved to be a day to remember. The warm spring morning began with a celebratory Baccalaureate Mass at the Cathedral of the Blessed Sacrament, followed by a luncheon at the school and a festive graduation that evening at the Memorial Auditorium.

Although it was a time for well-earned accolades, the CBHS class of 2007 had 25 other senior students in their hearts and on their minds – the graduating class of Greensburg High School in Kansas. On May 4, an F5 tornado destroyed most of the town, including the high school. Knowing how much they looked forward to their own graduation, the CBHS class of 2007 rallied together and raised more than \$2,800 for their fellow graduates.

"We wanted to make sure that the Greensburg students would have a graduation as memorable as ours," explained Daniel Cagley of the CBHS class of 2007.

"I can't imagine being so close to graduation and suddenly having nothing," said Jessica Bryant also from the CBHS graduating class. "We worked hard for four years and to have that taken away would be awful."



**Graduates Joshua Silver and Sam Regalado, both headed to U.C. Berkeley.**

At CBHS, the students' four years of hard work have truly paid off as 99 percent of the class of 2007 is attending college in the fall. Students will be attending a number of colleges and universities including Columbia, Notre Dame, U.C. Berkeley, U.C.L.A., and University of the Pacific, C.S.U.S, and U.C. Davis.

## Bancroft Summer Session Keeps Minds Active

By Colleen Gale

It's summertime - do you know what your child is learning? At Bancroft, we're providing a six-week summer school session to help keep those young minds active. Whether or not your children are enrolled in a program, activities for the mind and body should be at the top of the daily list of things to do.

Our campus beautification efforts got a big boost in May thanks to Eagle Scout Jeffrey White. Along with his family and a team of dedicated volunteers, Jeff has created a beautiful park area in between two of our classroom wings. Under the shade of a towering elm tree, we have oak barrels of plants and flowers. The dirt and sparse grass has been replaced with decomposed granite. The tree is surrounded with mulch and flowers, and tables will be added (thanks to the PTA) to complete the area. We're grateful to Jeff and the neighborhood businesses that made donations to make the project possible.

We'll be getting ready for another busy and exciting year when school starts again on September 4. Meanwhile, we hope you have a fun, restful, and *educational* summer. Thanks again for your ongoing support of our successful program.

## Mr. Tim Comes to Jefferson



**Tim Tomasik, Youth Services Librarian at the Rancho Cordova Branch of the Sacramento Public Library brought his story time program to the Jefferson Classroom. The library program encourages students to read and enjoy the experience. Youth story time programs are available at most of the City/County libraries.**

### **Sacramento Public Library Hours**

**McKinley @ 601 Alhambra Boulevard**

T/Th 11-8, W 11-6, F 1-5, Sa 10-5

**Rancho Cordova @ 9845 Folsom Boulevard**

M/Th 12-8, T/W 10-6, F 1-5, Sa 10-5

**Arden-Dimick @ 891 Watt Avenue**

M/W 12-8, T/Th 10-6, F 1-5, Sa 10-5

**Central @ 828 I Street**

T/W/Th 10-8, Sa 10-5, Su 12-5

Sacramento Room

T/W/Su 1-5, Th 1-8

## Goodbye to Longtime Thomas

**Jefferson Teacher** By Kathy Skelly

The Perfect Attendance Picnic, Awards Night, our 2nd Annual Career Day, and 6th Grade Graduation were all a great success, and a fantastic close to the 2006 – 2007 school year.

This year along with the traditional end-of-the year activities, the Thomas Jefferson Family said goodbye to a very dear friend, and dedicated staff member. After 23 years as an instructional assistant in the Intermediate Learning Handicapped classroom, Ms. Linda Frohreich has retired.

Over the years “Ms. Linda” has helped hundreds of children achieve their academic goals and become successful students at Thomas Jefferson. She assisted students within the special education classroom, and supported them during inclusion in the regular program. Linda worked with numerous teachers to provide intervention support for struggling students, used her Spanish language skills to provide translating assistance to the office staff, and was always willing to “jump in” and help out where ever she was needed. In addition, Linda has organized, decorated for, and attended EVERY 6th grade graduation at Thomas Jefferson for 23 years. There is not another staff member or principal from TJ who can say the same thing.

Next year, when school begins in September, it will feel strange to not see Linda in a new, jazzy school outfit. But as she is listening to the school bell ring from her couch, I hope she is thinking of the children she has helped, and the staff members who miss her. Enjoy your retirement and remember always your friends at Thomas Jefferson.

## **Open Court Reading for Class of 2020**

Starting next year, the preschool program at Thomas Jefferson will include the introduction of the SRA McGraw-Hill Open Court Reading program that is used throughout the Sacramento City Unified School District.

According to the teachers at Thomas Jefferson, this program was key in helping the students in achieving an 800 plus API score in 2002. The parents and Ms. Paula, the pre-school teacher, are looking forward to being able to introduce the program to the children next year.

**Would you like to comment  
on a neighborhood issue?  
Turn to page 15 for a  
contact list for  
CGNA's board of directors.**



## SCUSD Limits Area Access to Sutter Middle School

The SCUSD uses a computerized lottery system for the impartial selection of "out of boundary" students for Sutter Middle School. This past year 591 students applied to Sutter and there were only 400 seats available. That means 191 students were turned away from Sutter and sent back to their designated middle school, which in our neighborhood is Kit Carson. This action delivered a setback to the Bancroft and Jefferson families who have become dependent on the Sutter program as a replacement for the area's designated middle school program at Kit Carson. This past year only two students from the Bancroft attendance area went to Kit Carson.

The Association's proposal to convert one of the area elementary schools to a middle/junior high school gained some neighborhood support after this recent lottery experience.

## Bancroft/Jefferson K-8 Proposal Gaining Support

Efforts to expand public school programs at Hubert Bancroft and Thomas Jefferson facilities consistent with the academic expectations and goals of families that reside within the Association boundaries, continues to gain momentum and support. The Association has reviewed the proposal three times with the pre-school parents; shared the proposal with the principals of both schools; surveyed the 3,000 families within our Association boundaries; met and reviewed the proposal with the Superintendent and District staff; presented the proposal to the College-Glen Little League Board members, the Bancroft PTA, officers of the Jefferson PTA, local residents at a special community meeting at the College-Greens Cabana Club and at a combined Bancroft and Jefferson administration, faculty and staff meeting. In June 2007, the Principals for both schools were provided a flyer inviting their parents, faculty and staff to our June 14, 2007 monthly board meeting for a full review of our efforts to date.

SCUSD Area 2 Representative Jerry Houseman has asked that we seek the assistance of Councilmember Kevin McCarty in developing a joint use partnership with the City which includes a full service community gymnasium and library. The Association has asked the District's Facilities Committee to evaluate the proposal and to determine, if such a proposal were to go forward, how the program would be implemented.

The proposal is strongly supported by families who would like to have both a K-6 and a 7/8 public school program available for their children within our neighborhood. The support among parents of upper grade students at both Bancroft and Jefferson increased after a number of students from our area were denied admission to Sutter when demand exceeded space available. Some Bancroft and Jefferson faculty are concerned about their employment status should the proposal be implemented. There are a few parents who prefer that nothing change: However, even those acknowledge that with only 184 residential students within the Bancroft attendance area and 325 within the Jefferson attendance area, it is only a matter of time before we will be forced to face change and possible loss of one of our schools to other programs or purposes.

The Association proposal would provide a neighborhood alternative for a middle/junior high school in the immediate area. Some parents believe that the academic programs at Kit Carson will not adequately prepare their children for college and university admission. The Association Board believes parents are justified in their concern. Bancroft student's Academic Performance Index (API) scores this year were 834; Jefferson's API scores were 788 while Kit Carson's APIs were 662 and Sutter's APIs were 861.

**NOTE:** There will be no CGNA Board Meeting during the month of July. Regular board meetings will resume in August. Thank you.

## Association Requests Afternoon Toddler/Pre-School Programs

The Monday through Thursday 3 and 4-year-olds program and the Friday program for 2-year-olds are filled and have waiting lists. To accommodate community members on the waiting list, the Association has asked the District to offer a one day program for 2-year olds on Monday and a four day program, Tuesday through

Friday, for the 3 and 4-year-olds. In addition to providing service to those on the waiting list, it offers those with toddlers a two day a week program. If you are interested, use the form below to advise the program staff of your interest.

For more information, contact Paula Lynch at 383-8745.

Thomas Jefferson Elementary School Toddler/Pre-School Old Marshall Adult Education Center  
Pre-Registration/Interest Form Fall 2007

**Fax to: Old Marshall, 264-4098 Attention: Carmen/Judy**

Parent Name: \_\_\_\_\_

Address: \_\_\_\_\_ Sacramento, CA, Zip: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell: \_\_\_\_\_ email: \_\_\_\_\_

Please select program preference:

Tue – Friday, 12:00 pm – 2:45 pm, **Child's Name:** \_\_\_\_\_

Monday, 12:00 pm – 2:45 pm, **Child's Name:** \_\_\_\_\_

## Sacramento SPCA Doggy Dash 2007

The Sacramento SPCA Doggy Dash drew both two and four legged participants. All proceeds from this day at William Land Park benefit the Sacramento Society for the Prevention of Cruelty to Animals (SPCA). In addition to being a great day in the park for both the dogs and their humans, it is one of the most successful fund raisers for the animals sheltered at the Sacramento SPCA.

This was the biggest and best Doggy Dash yet! More than 2,000 animal enthusiasts, 100 vendors, 50 racing Pugs and 75 Pup Show Contest participants raised approximately \$95,000 to help the more than 10,000 animals the Sacramento SPCA will assist in 2007. Plan to participate next year in Doggy Dash 2008. We'll keep you posted on the date! It is a good cause and lots of fun!



## Summer Safety for Pets

By Lesley Kirrene, Sacramento SPCA

Sacramento summers bring plenty of opportunities for 2- and 4-legged fun, but it's important to keep a few things in mind to make sure your furry friend stays safe!

- **Never leave your pet in the car during warm Sacramento weather**

Just a few minutes can be life-threatening, and costly! In the Sacramento heat, the inside of your car can reach 120 degrees in a matter of minutes. In addition, under new California law, leaving a pet in a hot vehicle can result in a fine of up to \$500 and as much as 6 months in jail.

- **Make sure your pets always have access to plenty of fresh water and shade during the hot summer months.**

Limit summer-time exercise to morning and evening hours, and remember that asphalt can be very hot on pets' feet.

- **Leave your furry friend home when you head out to July 4th celebrations** and other crowded summer events like concerts and fairs. Loud noises, combined with the heat can be stressful and even dangerous for pets.

- **Pets and water can equate to disaster.**

Prevent (or carefully supervise) access to pools and open waterways. Fatigue can set in while swimming, and currents in rivers and other waterways can prove dangerous to canine swimmers.

- **Protect your pets from fleas, ticks and mosquitoes.**

Use flea and tick treatments recommended by your veterinarian, and check with your veterinarian to see if your pet should be taking heartworm (transmitted by mosquitoes) preventative. Heartworm disease can be fatal in both dogs and cats.

Looking for a new best friend to share your summer (and life) with? Visit the Sacramento SPCA and meet our adoptable dogs, cats and small animals. The SPCA is located at 6201 Florin-Perkins Road, and is open Tuesday through Sunday from 11 am to 6 pm.

Visit the Sacramento SPCA online at [www.sspca.org](http://www.sspca.org) to learn more about adoptable animals, pet care, training and behavior tips, and much more!



## Water Safety – Play Smart

By Captain Jim Doucette, Sacramento Fire Department



The Sacramento Fire Department is reminding all area residents that with the coming warm weather, many people will be using our nearby water ways. With this additional activity, the Sacramento Fire Department unfortunately sees many more drowning victims. Many, if not all of these drownings can be easily prevented if people would just use a little bit of common sense.

In all of my 28 years with the Fire Department, I have not witnessed one drowning victim who was wearing a life jacket. Just by wearing a life jacket, drowning can usually be prevented. Our rivers and lakes can be very treacherous, and even the most experienced swimmer can become a victim. Alcohol and drug use can also be a factor in these tragedies. Intoxicated individuals can become more “brave” and try and do something they normally wouldn’t do.

Swimming pools and hot tubs are often the locations of these tragedies. Young children and babies are often victims in swimming pools and hot tubs. As adults, it is our responsibility to be ever vigilante when youngsters are anywhere near the water. You must know where kids are at all times. Many victims were only reported to be out of site for a few seconds. Many have drowned, after being underwater for less than one minute. IT DOESN’T TAKE LONG TO DROWN!

- We recommend that you should learn CPR.
- Do everything possible to make your pools and hot tubs safe.
- Know where standing water on your property can be found and eliminate this hazard. (Young children have drowned in 5 gallon buckets of water.)
- Always wear life jackets when you are near any river or lake.
- Know where children are at all times.
- Children should learn how to swim as early as possible.

### Borrow a Life Jacket

Life jackets are available to borrow at these Sacramento Fire Department Stations:

**Station #8, 5990 H Street**

**Station #5, 731 Broadway**

**Station #60, 3301 Julliard Drive**

**Station #11, 785 Florin Road**

**Station #15, 1591 Newborough Drive**

## Be Safe this Summer

By Courtney Miller, American Red Cross

With the recent wave of warm weather, the Sacramento Sierra Chapter of the American Red Cross is urging residents to use caution when venturing out. “We all want a summer to remember but those memories shouldn’t include tragedy,” says Julie Van Dooren, CEO.

The American Red Cross recommends following these simple rules when participating in outdoor activities during the warm Sacramento weather:

- Dress for the heat. Wear lightweight, light-colored clothing
- Drink water. Carry water or juice and drink continuously even if you do not feel thirsty. Avoid alcohol and caffeine, which dehydrate the body.
- Eat small meals and eat more often. Avoid foods that are high in protein which increase metabolic heat.
- Avoid using salt tablets unless directed to do so by a physician.
- Avoid strenuous activity.
- Stay indoors when possible.
- Take regular breaks when engaged in physical activity on warm days.

## Recognize Heat-Related Illnesses

The American Red Cross also urges residents to take cautionary measures in recognizing heat-related illnesses:

**Heat Cramps:** Get the person to a cooler place and have him or her rest in a comfortable position. Lightly stretch the affected muscle and replenish fluids. Give a half glass of cool water every 15 minutes. Do not give liquids with alcohol or caffeine in them as they can make conditions worse.

**Heat exhaustion:** Get the person out of the heat and into a cooler place. Remove or loosen tight clothing and apply cool, wet cloths. If the person is conscious, give cool water to drink. Give a half glass of water every 15 minutes. Let victim rest in a comfortable position, and watch carefully for changes in his or her condition.

**Heat stroke:** Heat stroke is a life threatening condition and help is needed fast. Call 911 or your local emergency number. Move the person to a cooler place. Quickly cool the body by immersing the victim in a cool bath or wrap the victim in wet sheets while fanning him or her. Watch for signals of breathing problems and keep the person lying down while continuing to cool them any way you can. If the victim refuses water, is vomiting or there are changes in level of consciousness, do not give anything to eat or drink.

Call the Sacramento Sierra Chapter at 368-3131 to register for First Aid and CPR/AED courses. You can also visit [www.sacsreddcross.org](http://www.sacsreddcross.org) for additional safety tips.

## **Giving the Green Light to Aggressive Energy Efficiency**

By Howard Posner, SMUD Board Vice President

Everyone talks about being “green,” but what does that really mean? SMUD is walking the talk on green. Recently the SMUD Board of Directors approved a plan to help customers reduce their total energy usage by 15 percent over ten years. That’s going above and beyond the state requirement to reduce electricity usage by 10 percent over that period. SMUD is 50 percent better.

No other electric utility in California has this aggressive approach, which will bring many good things, like cleaner air because power plants would be running less.

“Green” is as good for business as it is for the environment because it means saving some “green.” Using less energy means lower electric bills. It also means lower costs for SMUD to generate and purchase electricity and that means more stable rates for customers. Using less energy also improves reliability because when peak demand is reduced, there’s more power for everyone, especially on hot days.

SMUD will meet the aggressive goal by adding energy saving programs and providing more options for customers. You’ll be hearing a lot from us about this so stay tuned.

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## **Rising Health Insurance Costs**

From the Desk of Assemblymember Dave Jones

No question being debated this year in the State Capitol is more important than how to expand health care access to the state’s 6.5 million uninsured residents. The numerous proposals being pushed this year include requiring insurance companies to sell to people regardless of their health condition; the creation of an insurance purchasing pool for uninsured workers; and a proposal to pay more to doctors who provide care to the poor. None of the proposals truly addresses the rising cost of health insurance. Governor Schwarzenegger’s plan to reach universal coverage requires all individuals to purchase health insurance.

But the cost of health insurance is fast outpacing family incomes. For 2006, the California Health Care Foundation reported a 19% premium increase for employer based coverage. Insurance company profits are part of the problem. At Blue Cross, only about half of the premium for individual coverage goes to the cost of providing medical care. The rest is administration and profit.

Given a new mandate to purchase health insurance, many middle-class families will either sacrifice other basic needs or fall out of compliance with the law. Californians can’t be expected to buy something they simply can’t afford.

I recently introduced AB 1554 which would prohibit health insurers from raising premiums, deductibles, or co-payments unless they receive approval from the independently elected Insurance Commissioner.

Since 1988, companies providing automobile insurance need prior approval to raise rates. This system has been a remarkable success for consumers and for insurers. We should build on our experience with auto insurance by extending prior rate approval to the health insurance world.

This year presents a great opportunity to forge a solution to our health insurance crisis. As elected officials consider health care reform, I would urge you to make sure they understand that the health insurance affordability must be a part of the discussion.

## **SCUSD, Trade Unions & Contractors Provide Student Summer Program**

By Jerry Houseman, SCUSD Board Member

Two years ago amid a good deal of controversy the Sacramento City School Board approved a Project Stabilization Agreement that opened all school district construction projects over \$1 million to union bidders only. At that time the board insisted that there must be a summer school project that would employ students in construction classroom learning and site work.

Last year the program began with 20 students. This year 40 paid student positions are being provided by contractors. Students will begin their training in a “Boot Camp” in which they will participate in presentations by the Trade Unions and Contractors. This will include general contracting, carpentry, sheet metal, electrical, plumbing/pipe fitting and plastering and cement work as well as other construction trades. Following the two-week classroom experiences the students will work on construction sites in the school district.

This program is scheduled to grow in numbers of student participants every summer. The board is proud to be able to provide training and pay for students interested in the construction industry.

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## **Cool Tips For Saving on Summer Energy**

From the Desk of Assemblymember Alan Nakanishi

With the summer heat already here, you may be concerned about the effects it will have on your energy bills. Since almost 45% of the average homeowner’s utility bill goes toward summer air conditioning (U.S. Department of Energy), costs can be substantially reduced by following these simple tips for energy conservation.

Begin by keeping your thermostat at a high, but comfortable setting. In general, for every one degree you increase the setting of the thermostat, you will see a 3% cost savings. Keep in mind that placing heat-generating appliances such as lamps or televisions near a thermostat will cause the air conditioner to run longer than necessary.

Also, consider using fans, either standing or ceiling, as a cost efficient and energy efficient alternative to air conditioning. Even if you use the air conditioner, a fan can make cooling more efficient. Remember that, during summer months, blades on ceiling fans should rotate clockwise to draw the cooler air from the floor.

Since heat entering your home through your windows can account for 10-25% of your cooling bill, remember to draw your blinds or drapes during the day, and consider applying sun-control, reflective films, or installing high-performance windows to improve your home’s energy efficiency.

These tips can help you control your cooling bills while beating the summer heat. For more information on general energy tips please visit [www.energystar.gov](http://www.energystar.gov), and for more information on shopping tips for high-performance windows please visit [www.eere.energy.gov/consumer/tips/windows.html](http://www.eere.energy.gov/consumer/tips/windows.html).



## Practice Water Safety when Enjoying the American River

From the Desk of County Supervisor Susan Peters

Enjoying the American River is a natural way to escape Sacramento's blistering heat during the summer. But before donning your bathing suit and taking a dip, please remember to practice the following water safety tips to avoid trouble.

Learn to swim. The best thing anyone can do to stay safe in and around the water is to learn to swim. Always swim with another person; never swim alone.

When boating, always wear a life jacket. California law requires any person age 11 and younger wear a Coast Guard approved life jacket while in a motorboat, sailboat or vessel 26 feet or less in length while underway.

Swim in supervised areas only and obey all rules and posted signs.

Watch out for the "Dangerous Too's" – too tired, too cold, too far from safety, too much sun, too much strenuous activity.

Please do not mix alcohol and swimming. Alcohol impairs your judgment, balance, and coordination, affects your swimming and diving skills, and reduces your body's ability to stay warm.

Pay attention to local weather conditions and forecasts. Stop swimming at the first indication of bad weather.

Lastly, know how to prevent, recognize, and respond to emergencies.

The above tips are compiled from the American Red Cross and boatsafe.com.

Enjoy the American River Parkway and remember that enforcement by Park Rangers, Sheriff's Deputies and the County Boat Patrol is for your safety and the safety of others.

## Summer Traditions Return & Utilities Update

From the Desk of Councilmember Kevin McCarty

This summer our traditional "Family Movie Night Series" at Oki Park will take place on July 27th at 8:00 pm, and we will be featuring Happy Feet. Some special guests from the Sacramento Zoo will tell us about Putty, Patsy, Harry and Pepper, the Magellanic penguins visiting from the San Francisco Zoo. The Sacramento Zoo has not had a penguin exhibit since the 60's, and the four animals are living at the Zoo in a temporary exhibit near the entrance through the end of October.

With the official start of summer and an increase in temperatures, the Department of Parks and Recreation has announced the return of its "Cool in the Pool" program. The program will keep pools open until 7pm on days when temperatures reach 100 Degrees Fahrenheit or more.

Swimming Pool Locations:

Oki Pool, Wisseman Dr. and Cliffwood Way., 277-6160

Glen Hall Pool, Carlson and Sandburg Drs., 277-6071

Clunie Pool at McKinley Park, Alhambra Blvd. and F St., 264-5301

Each year, the Department of Utilities evaluates its revenues and the cost to bring you water, sewer, and solid waste services. The majority of our costs are being driven by four factors: fuel, labor, chemicals, and tipping fees (waste disposal). Since the Department of Utilities is an enterprise fund, which means it does not receive money from property taxes or the City's General Fund, the funding is generated from utility bills. As the cost of materials and labor rises, an increase in utility rates is necessary to sustain the level of service.

Residents can save up to 33% on their garbage bill by recycling more and switching from a 96-gallon garbage container to a 36-gallon garbage container. Residents can also save on their yard waste by participating in the Voluntary Container Green Waste Program. For more information or to sign up for these programs, please contact the Solid Waste Department at 808-5454.

## Congresswoman Doris Matsui Presents Grant and Award to SCOE Project

By David W. Gordon, Sacramento County Superintendent of Schools

A program dedicated to aiding young first-time offenders and operated by the Sacramento County Office of Education (SCOE) has received a grant and a special recognition.

Project SAVE (Safe Alternatives and Violence Education) is the recipient of a \$7,000 grant from the Martin Luther King Celebration Committee, as well as a Certificate of Special Congressional Recognition from Congresswoman Doris Matsui (D-Sacramento).

Rep. Matsui presented the grant and the certificate May 30 at the Phoenix Park Activity Center in Sacramento.

"Project SAVE is a great success story," Rep. Matsui said while making her presentation.

Receiving the awards on behalf of SCOE and Project SAVE were Sacramento County Superior Court Judge Talmadge Jones, Sacramento County Superintendent of Schools David W. Gordon, and County Board of Education Trustees Brian Cooley, Victoria L. Deane, Gretchen Bender and Harold Fong.

Project SAVE is a program for adolescent first-time offenders, ages 10 to 17, who have been involved in violence or weapons possession on or near a school campus. The program offers alternatives for the less sophisticated offender who acts without thinking or in response to peer pressure,



and who is not yet intimately involved in the juvenile justice system. Project SAVE requires parent participation. All Sacramento County school districts and SCOE Community Schools may participate.

Collaborative partners include County Probation Department, County Sheriff's Office, Sacramento City Police Department, Superior and Municipal Courts, Sacramento County School Districts and community members.

## Addressing Vacant, Neglected Properties

By Linda Wood, GBC Realtors

Have you noticed that we have more vacant, neglected properties in our neighborhood? Several of you have contacted the Neighborhood Association regarding this problem. Some of these are homes that have been foreclosed on and are bank-owned. The owner of the property has a responsibility to maintain the property whether it is you, me or an institution!

There are city codes regarding blight and nuisances. If you have Internet access and are computer savvy, go to [www.cityofsacramento.org](http://www.cityofsacramento.org). This website is very informative and has an online code violation complaint form. You begin by going to the website and clicking on "Forms Center" and choosing "Code Violation Complaint Form". It will ask you for the street address, cross street and asks you to select from a list of code violation categories (IE: Junk/Debris – Property Appearance) and then gives you a box where you write a detailed description. Please be as specific as possible in your description! It asks for your contact information and even gives you an option of uploading a digital photo. If you prefer, you can call the Code Enforcement Department at 808-5948 between 8:00 am. and 5:00 pm. Be aware that there is a process involved so you may not see immediate results. If you have not seen any improvement or if the situation is worse after 30-45 days you can call the city at 808-5948 and ask for a status on the situation.

Let's work together to make our neighborhood a great place to live and play!

## Power Inn Alliance is Cleaning Up - Collects 10.5 Tons in First 6 Weeks

By Jerry Vorpahl, Executive Director

The Beautification mission of the Power Inn Alliance has made a significant and visible difference in its first six weeks of operation. The very noticeably-designed truck and trailer, and two crew members have been working five days a week to pick up, collect and remove trash, refuse, discarded furniture and other clutter, including noncompliance signs on public property, that have been a gathering eyesore for too long.

Working throughout the Property & Business Improvement District (roughly extending from Folsom Blvd. south to Elder Creek Rd., and the SP tracks east past Florin-Perkins), the crew also gathers debris in vicinities outside that area.

There are so many dead end and unimproved streets in this area that tossing a garage full of trash and refuse seems no problem to a scofflaw. But if we don't get on it right away, it only encourages more.

From mid March through April, crews have collected and disposed of: 10.5 tons of debris, 1,035 bags of litter, 35 tires, 13 couches, 10 mattresses, 31 pallets, 13 large car parts, enough shopping carts to start a medium-sized grocery store, and other assorted refuse and junk. The Alliance budgets \$75,000 a year to this community improvement service.

## Crime... Down From Prior Three Months... Up From One Year Ago

By Ron Alvarado

Assaults in our neighborhood were up over the past three months compared to the previous three months and when compared to the same time period one year ago.

Overall, reported crime was down for the period March through May of this year when compared to the prior three month period. But, crime was up in our area when compared to the same three-month time period (March through May) one year ago. In fact, reported crime during March through May of 2007 was up 24.7% over March through May of 2006. Larceny theft (generally defined as theft without violence) was the highest reported crime in our neighborhood (as it was in the prior three month period).

Summer is here. Report suspicious behavior and remember that one of the best deterrents to crime in our great neighborhoods is keeping a watchful eye out for suspicious behavior. Enjoy your front lawns or porches in the evening to show home activity and a good sense of neighborhood. When out on a walk or away from your home, lock up.

Crime	Dec 06- Feb 07	Mar – May 07	One Year Ago
Assault-Felony	4	8	4
Auto Theft	23	15	14
Burglary-Business	7	4	4
Burglary-Residence	19	13	14
Burglary-Vehicle	26	19	15
Drugs/Narcotics	5	5	2
DUI	10	2	1
Graffiti	5	6	0
Larceny Theft	31	27	19
Vandalism	3	5	12
Weapon Offense	1	2	0
<b>Total</b>	<b>134</b>	<b>106</b>	<b>85</b>

## Folsom Blvd. Streetscape Update

By Joe Chasko, Folsom Boulevard Alliance

The \$20 million Folsom Boulevard Streetscape Master Plan will shortly be approved by the City Council and improvements will proceed as funds are found. Stop by and see the project map in our office at Tred-Mill Tire Warehouse.

One project is already in line for funding. The \$1 million screen wall and landscape around PG&E, which falls in the 65<sup>th</sup> Street Redevelopment Project, is a fund that grows from tax revenue growth over its thirty-year term. The FBA has submitted the PG&E improvement to the Advisory Committee. As funds become available, they will leverage other boulevard improvement funds. Over the coming years, we will see real improvements to appearance, walk ability, and safety!



## College Town/La Riviera Modifications Underway



City Traffic engineers have implemented their plan for smoothing the flow of traffic during periods of heavy use by CSUS bound vehicles. This work is in response to requests made in 2006 by CGNA and the Quail Run Neighborhood Association to reduce congestion at this intersection.

Changes include reshaping the median on College Town to create a staging area for two cars from La Rivera to merge with eastbound College Town traffic, relocating an area light at the intersection, and stripping a new median to direct east bound traffic from College Town onto La Riviera.

The City plans to ask CALTRANS to modify the Howe Ave./College Town intersection to permit a second right turn lane onto Howe Avenue south to help clear traffic backed up at that intersection.

Future work includes replacing the stripped median with a permanent median.

## Area Business Development Proposals Reviewed by CGNA

Target Stores is proposing a new shopping center at 65<sup>th</sup> Street and 4<sup>th</sup> Avenue. Their new store will feature a two story structure with the first floor for parking, the second floor for retail. This scheme will reduce the amount of the shopping center space used for parking. A number of smaller retail use buildings facing 65<sup>th</sup> Street and 4<sup>th</sup> Avenue will flank the Target Store.

The Salvation Army is proceeding with their plans to relocate a number of their operations from downtown to the old Proctor and Gamble site on Fruitridge Road. The move is being opposed by the Power Inn Alliance and a number of neighborhood associations, including the CGNA. Activities at the site would include a men's rehabilitation center, processing facilities for donations, daily auctions of recyclables and a retail shopping center. An alternate site on Fruitridge, east of Florin Perkins, which provides a buffer from residential areas, is under consideration.

The California Concrete Crushing facility east of Depot Park has been sold. It will be operated as the Fruitridge C&D Recycling Facility. The previous owner's operating permit did not transfer to the new owner. The association has asked the County Environmental Management Department to revisit a number of issues raised during the permitting process for the previous owner including landscaping, on site storage of materials, parking, and access to facilities by non commercial customers before a permit for the new owner is issued.

Zanker Road Resource Management, a Bay area contractor, has been working to remove non-compliant material from the Florin Perkins Land Fill left by the previous operator. Zanker is requesting permits to operate a processing facility at the landfill site for recycling construction and demolition material. No material would be accepted for burial on site.

## Folsom Boulevard Intersection Claims Another Truck



A semi hauling a tank trailer loaded with powdered lime is the latest truck accident at the westbound entrance to Folsom Boulevard from Jackson Highway. The hazardous material recovery team responded but no material was spilled and damage was limited to the truck.

It, again, raises the need for better signage on Jackson Highway warning drivers of the sharp turn and to reduce speed. It also suggests that the merging lane to westbound Folsom from Notre Dame may not be the safest place to wait for an opening in traffic.



## Granite Regional Park Grand Opening – Phase 2 By Sally Freedlander

June 9, 2007 marked the grand opening of Granite Regional Park's second phase. It was a fun filled day hosted by the City of Sacramento Parks & Recreation Department featuring soccer tournaments, soccer clinics, Busy Bee Performing Dogs, a skateboarding demonstration by brothers Tristan & Nic Puehse, kite flying demonstrations and music presented by Didley Squat.

The newest phase of Granite Regional Park consists of three premier, world class amenities, including: an all weather sports field (open 24/7!), an expanded dog park and a state-of-the-art skateboard park.

The new sports field can be lit for evening play of soccer, ultimate Frisbee, rugby or lacrosse. The artificial turf, consisting of approximately 20,000 recycled tires represents the City's commitment to sustainable practices. The field was made possible through the financial support from Prop 40 youth Soccer and Recreational Development Program, Capital Improvement Funds, the General Fund, Capital Improvement Revenue Bonds, the U.S. Soccer Foundation and Nike.

The skate park is a sight to behold. The skate park offers eight bowls catering to every level of boarder. Designed by Wally Hollyday, a world renowned skate park designer, its expert level features will challenge the highly skilled, while the novice bowls will provide a training ground for new skate board enthusiasts.

Finally, the gated, off-leash dog park offers dogs a larger area to frolic and swim among their species.

Our very own Councilman Kevin McCarty was Master of Ceremonies at the dedication of the park. He welcomed Mayor Heather Fargo and presented Plaques of Appreciation to the three former City Council members who have been instrumental in creating Granite Regional Park, including Judge Kim Mueller, Senator Darrell Steinberg and Assembly member Dave Jones.

Granite Regional Park is an undiscovered gem in our own backyard. Be sure to swing by the park – with or without your dog!





## National Family Night Out

CGNA's National Family Night Out celebrates families with family friendly activities including live music, a bounce house for the kids, and a motorcycle show for the kids in all of us. This night also serves as an opportunity to demonstrate to our local police, fire department, and other local City services how much the community appreciates their support during the year.

All of the traditional fireworks for the event are provided by TNT/Freedom/Red Devil Fireworks. The set pieces are complements of Pyro Spectacular Fireworks, the company that provides the fireworks for the 4th of July program at CalExpo and The River Cats shows.

The Association also uses the event to thank our community elected representatives, business sponsors and business organizations for their support.



Preparing the Night Out fireworks display are (left to right) are Fire Prevention Officer Steve Bodick, Jason Deglow, Mike Knezovich with Pyro Spectaculars, and Carl Kelley.

## On Your Mark, Get Set, SWIM!

### Swim Team Begins Season

By Karen Porter

The College Greens Gators Swim Team is off to a great start this season. We have 138 swimmers this year. Our new head coach Kaena Horowitz and Assistant Coach Justin Patterson have been doing a great job getting the kids ready for meets. Times are dropping all over the place. With the help of a lot of dedicated parent volunteers we have the best snack bar in the league. If you want to stop by for lunch and cheer on the team, come on over for one of our two remaining home meets on June 23rd or July 14th.

Our big fundraiser is coming up on July 7th. It is our Fiesta night and raffle at the Cabana Club. The festivities begin at 5:30pm with cocktails followed by dinner at 6:30pm catered by Gordito Burrito. We will have Grover, a rock and roll band, there as well as our Weekend Warrior parent relay. Contact Shelly Messner at 488-0234 to RSVP by July 2nd.

We will also be selling fireworks this year out at Treadmill Tire Mart. Please come support our team and get your fireworks at our booth. Championships will be held at Sierra College once again from July 27-29th. It is such a fun end to the season for our kids to go out and swim their best times at champs. Thanks and we hope to see you at a meet cheering the team on.







*Crafters! Sign-up now for a booth!*

## **Harvest Festival/Craft Fair**

**Saturday, October 27, 2007**

**Rosemont High Cafeteria**

**9594 Kiefer Boulevard**

**9 am - 2 pm**

Proceeds from booth sales go to the Ted Goodykoontz Memorial Scholarship for graduating seniors at Rosemont

**Call Jeanne at 381-4220 or email [jeanne.chasko@gmail.com](mailto:jeanne.chasko@gmail.com)**

*Sponsored by the Rosemont PTSA*

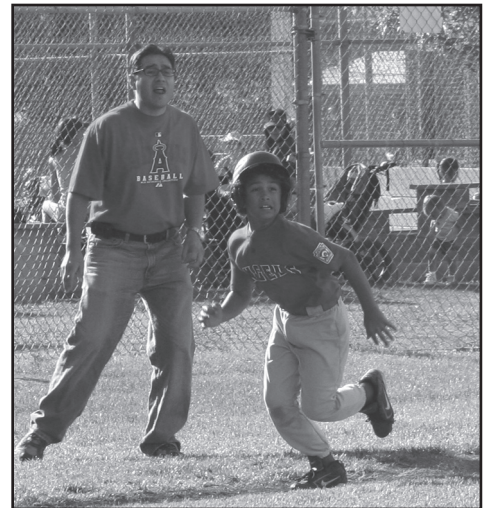
# **Big Little League Season!**

## **College Glen Little League**

By Robyn Shaldone

We had another very successful and exciting season. Girl's softball was added this year bringing our total number of teams in the league to 18! Thank you to the community for your support. Winter Ball sign-ups for 8-12 year olds are starting now so contact Mike Shaldone at 804-2998 to sign-up.

We have two fireworks booths; one at the field and one in the Raley's parking lot. Please support the league by purchasing your fireworks at these locations! We look forward to some new faces on the Board of Directors next year and anticipate another great season!





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We welcome Lois Dye and Jeanne Strickland as new distributors for the condos along La Riviera.

**Thanks to everyone for your help!**

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Check out the Association web page at:  
**[www.collegeglen.org](http://www.collegeglen.org)**  
 Learn more about  
 our business sponsors!

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 Sharlyn Deglow-Solie, Editor  
 Contact us at:  
 CGNA, P.O. Box 276474, Sacramento, CA 95827

**Editorial Policy**  
 College-Glen News is a collaboration of articles from community leaders, CGNA Board of Directors and citizens at large. The opinions in the articles do not necessarily reflect those of the board, unless stated so. If you wish to submit an article or have an editorial, please mail it to the above address, with your name, address and phone number. Editorials with this information will be addressed and/or considered for publication in next quarter's issue.

**College-Glen Neighborhood Association 2007 Membership**

Support your community! Join today. Suggested donation \$10.00.

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ Sacramento, CA \_\_\_\_\_

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Fax Number: \_\_\_\_\_ Cell Number: \_\_\_\_\_

Were you a member in 2006? Yes No

Would you like to volunteer with CGNA? \_\_\_ Phone calls \_\_\_ Newsletter delivery \_\_\_ Other

Please make checks payable to College-Glen Neighborhood Association. Any amount will be appreciated.  
 Send this form and check to: CGNA, P.O. Box 276474, Sacramento, CA 95827.

**Thank you for your support!**

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